

RCIA

Rite of Christian Initiation of Adults



Prayer - Hail Mary, The Rosary



Opening Prayer



Hail Mary

- Also called *Ave Maria (Salutatio Angelica)* meaning Hail Mary (Angelic Salutation)

Hail Mary, full of grace! the Lord is with thee; blessed are thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now and at the hour of our death. Amen.



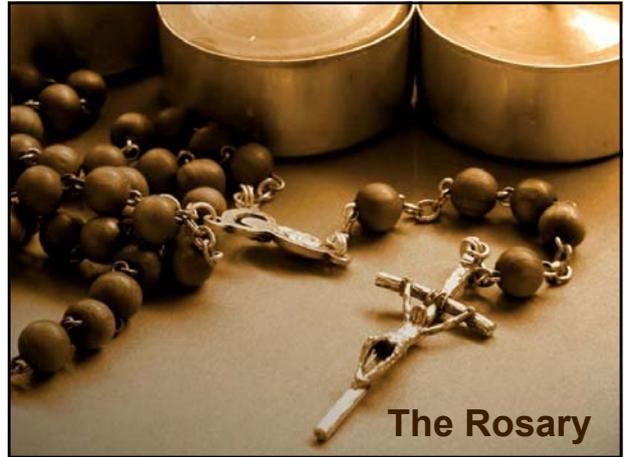
Hail Mary

- Consists of 3 parts
- "Hail Mary full of grace, the Lord is with thee, blessed are thou among women."
 - Words of Archangel Gabriel (Luke 1:28)
- "Blessed are thou among women, and blessed is the fruit of thy womb."
 - Words of Elizabeth under the inspiration of the Holy Spirit (Luke 1:42)
 - Notice the overlap



Hail Mary

- “Holy Mary Mother of God, pray for us sinners now and at the hour of our death. Amen”
 - Added in 15th Century
 - Petition of the Church, invoking Mary's intercessional role.
 - Mary is the mother of Jesus according to the flesh. She is not the source of his divinity.
 - Mary is asked to pray for us. She is not worshipped.



The Rosary



The Rosary

- Originated about the year 1208. Our Lady appeared to St Dominic in the chapel of Notre Dame at Prouille, holding a Rosary in her hand.
- She taught him how to say it and bade him teach it to the world, promising that it would convert sinners and obtain graces for the just.
- 16th Century practice of reciting 150 Hail Mary's in decades of 10.



The Rosary

- This devotion came to be called the “Rosary” from the beginning of the 14th Century.
- The Latin name *Rosarium*, or “rose garden”, was applied to medieval love lyrics and hence this love lyric to Mary.



The Rosary

- Divided into five decades (1 decade=10 beads)
- Each decade represents a mystery or event in the life of Jesus.
- Not just a series of repeated prayers, but a meditation on some central mysteries of our faith



The Rosary

- 4 sets of Mysteries (Joyful, Sorrowful, Glorious and Luminous)
- Each set of Mysteries are said on specific days of the week
- 20 Mysteries in total



Joyful Mysteries (Mon and Sat)

- The Annunciation (Luke 1:28)
 - Spiritual Fruit: Humility
- The Visitation (Luke 1:14-42)
 - Spiritual Fruit: Love of Neighbour
- The Birth of Jesus (Luke 2:7)
 - Spiritual Fruit: Poverty of Spirit
- The Presentation (Luke 2:22-23)
 - Spiritual Fruit: Purity of mind and body
- Finding Jesus In The Temple (Luke 2:46)
 - Spiritual Fruit: Obedience



Sorrowful Mysteries (Tue and Fri)

- Agony in the Garden (Luke 22:44-45)
 - Spiritual Fruit: God's Will be done
- Scouring at the Pillar (John 19:1)
 - Spiritual Fruit: Mortification of the senses
- Crowning with Thorns (Matthew 27:28-29)
 - Spiritual Fruit: Reign of Christ in our heart
- Carrying of the Cross (John 19:17)
 - Spiritual Fruit: Patient bearing of trials
- The Crucifixion (Luke 23:46)
 - Spiritual Fruit: Pardoning of Injuries



Glorious Mysteries (Wed and Sun)

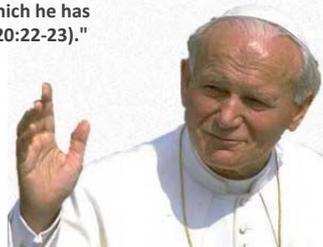
- The Resurrection (Mark 16:6)
 - Spiritual Fruit: Faith
- The Ascension (Mark 16:19)
 - Spiritual Fruit: Christian Hope
- Descend of the Holy Spirit (Acts 2:4)
 - Spiritual Fruit: Gifts of the Holy Spirit
- The Assumption (Revelation 12:1)
 - Spiritual Fruit: To Jesus through Mary
- The Coronation (Revelation 12:1, Judith 15:10-11)
 - Spiritual Fruit: Grace of Final Perseverance



Luminous Mysteries (Thu)

- Baptism of the Lord (Matthew 3:13-17)
 - Spiritual Fruit: Gratitude for the gift of Faith
- Wedding of Cana (John 2:1-9)
 - Spiritual Fruit: Fidelity
- Proclamation of the Kingdom (Mk 1:15, Mk 2:3-13, Lk 7:47-48, Jn 20:22-23)
 - Spiritual Fruit: Desire for Holiness
- The Transfiguration (Mark 9:2-7)
 - Spiritual Fruit: Spiritual Courage
- Institution of the Eucharist (Luke 22:14-20)
 - Spiritual Fruit: Love of our Eucharistic Lord

"Another mystery of light is the preaching by which Jesus proclaims the coming of the Kingdom of God, calls to conversion (cf. Mk 1:15) and forgives the sins of all who draw near to him in humble trust (cf. Mk 2:3-13; Lk 7:47-48): the inauguration of that ministry of mercy which he continues to exercise until the end of the world, particularly through the Sacrament of Reconciliation which he has entrusted to his Church (cf. Jn 20:22-23)."



To Help You Remember ...

- Mon: Joyful
- Tue: Sorrowful
- Wed: Glorious
- Thu: Luminous
- Fri: Sorrowful
- Sat: Joyful
- Sun: Glorious



Tea Break



How To Say The Rosary



1. Sign of the cross, Apostles' Creed
 2. Our Father
 3. 3x Hail Mary's
 4. Glory Be To The Father
 5. Announce 1st Mystery, Our Father
 6. 10x Hail Mary's, Meditate on the Mystery
 7. Glory Be To The Father, Fatima Prayer
 8. Announce 2nd Mystery, Our Father. Repeat 6 & 7
 9. After the Rosary, pray the Hail Holy Queen
- Lets now say a decade together 🛎



Sorrowful Mysteries 1. Agony in the Garden



Sorrowful Mysteries 2. Scourging at the Pillar



Sorrowful Mysteries 3. Crowning with Thorns



Sorrowful Mysteries 4. Carrying of the Cross





Sorrowful Mysteries

5. The Crucifixion



HAIL, HOLY QUEEN, Mother of Mercy, our life, our sweetness and our hope! To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary!

V. Pray for us, O Holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray.

O God, whose only begotten Son, by His life, death, and resurrection, has purchased for us the rewards of eternal life, grant, we beseech Thee, that meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ Our Lord. Amen.



Discussion

- Consider the following scenario:
A child wanted his father to buy him a new bike but is afraid to ask directly. So he asks his mother to convey his wish.
 - Are there times when you would prefer to approach a feminine figure for a favour?
- Is Mary able to grant us any special favours? Discuss.



Recap

- Hail Mary
- The Rosary
 - Joyful Mysteries (Mon, Sun)
 - Sorrowful Mysteries (Tue, Fri)
 - Glorious (Wed, Sat)
 - Luminous (Thu)



Q&A



Further Readings

- *Path Through Catholicism*
(ISBN 0-7829-0971-X)
Chapter 17, 22
- *Catholic and Christian*
(ISBN 0-89283-181-2)
Chapter 9



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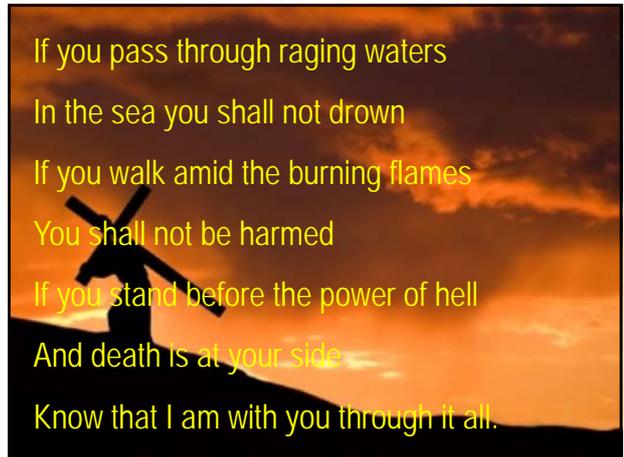


BE NOT AFRAID [B. Dufford]

You shall cross the barren desert
 But you shall not die of thirst
 You shall wander far in safety
 Though you do not know the way
 You shall speak your words in foreign land
 And all will understand
 You shall see the face of God and live



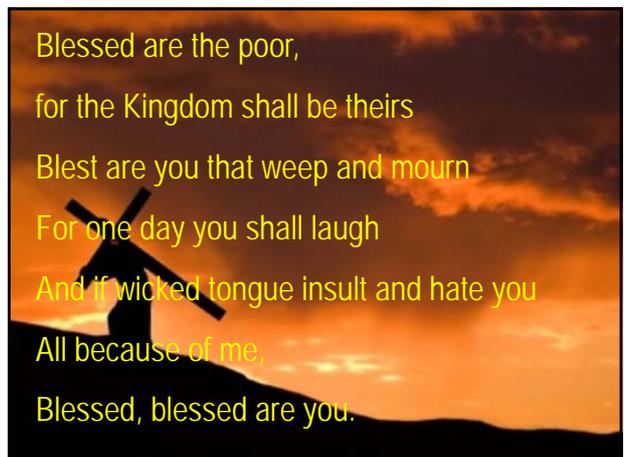
**Be not afraid,
 I go before you always
 Come, follow me,
 and I will give you rest**



If you pass through raging waters
 In the sea you shall not drown
 If you walk amid the burning flames
 You shall not be harmed
 If you stand before the power of hell
 And death is at your side
 Know that I am with you through it all.



**Be not afraid,
 I go before you always
 Come, follow me,
 and I will give you rest**



Blessed are the poor,
 for the Kingdom shall be theirs
 Blest are you that weep and mourn
 For one day you shall laugh
 And if wicked tongue insult and hate you
 All because of me,
 Blessed, blessed are you.

